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 /Photo courtesy of the Haliburton Highlands Museum

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Starting conversations on mental health

NATE SMELLE
County Life Staff

For six years, local author Danielle Foisy stood by her husband and supported him as he suffered from an undiagnosed and untreated mental illness. Wanting to find the best way to help him, she began seeking out resources for people in a similar situation. Recognizing that most of the resources she found were focused on the person with the mental illness, Foisy decided to write her first book, *The Other Side of the Struggle*, written from a Christian perspective.

By sharing her own experiences of trying to help her husband in his personal battle, the author draws attention to the fact that when someone struggles with mental illness it affects the people in their life.

"Because there are not a lot of resources for people coping with a loved one's mental illness, many people don't know how to navigate it," she said.

"You end up getting advice from the people you are talking to, and sometimes it's not great advice. Sometimes you just feel really lost with how you are supposed to react to it, and find the right boundaries to take care of yourself in the situation while still being supportive to the person that is struggling."

The Other Side of the Struggle also deals with the fact that mental illness is not something people tend to talk about openly.

Since the book was released, Foisy said she has

been surprised by how many people have come forward to share their own struggle with mental illness. This type of dialogue was exactly what she hoped to cultivate through publishing the book. Foisy believes there is no reason mental illness should be considered a taboo.

"Mental illness has a stigma in today's society, and even more so in the church," she said.

"What my goal is with the book, is to really just start the conversation about mental illness in all areas – in the church and in our culture. As much as it is that we are trying to advocate for it, it still is a really stigmatized topic. We need to start talking about it, and to change the way we look at mental illness."

Foisy hopes her readers will come away from reading *The Other Side of the Struggle* with a new perspective on mental illness. She said by writing the book she also wanted to provide people with tangible coping skills and lessons that she has learned from supporting her husband throughout his struggle.

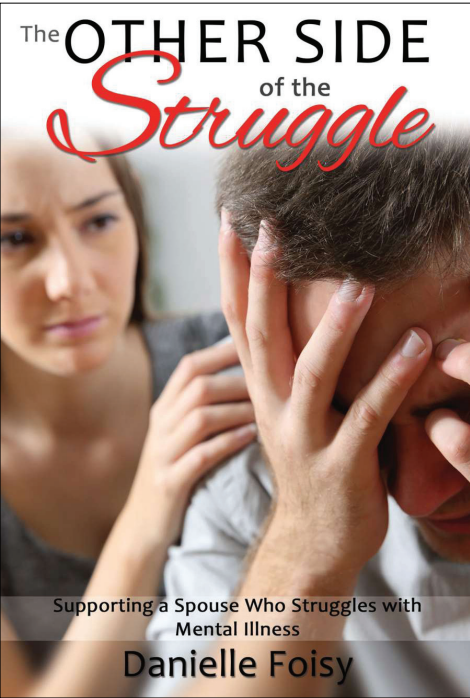
To stress the importance and need to talk about mental illness, Foisy is planning to embark on a speaking tour. Every speaking event, she said is an opportunity to engage with people and move the conversation forward. This is where the healing begins, said Foisy.

"You suffer in silence if you are not able to communicate about it. You become stuck in it, the more secluded and isolated you are in it. I think we are starting to get that we can't just not talk about it anymore, and that's exciting to see. But, I think we still have a long way to go for people to be open about sharing their struggles."

On Saturday, Nov. 17, Foisy is hosting a launch party for her book, *The Other Side of the Struggle* at the Haliburton library branch from 5:30 p.m. until 7:30 p.m. For more information on Danielle Foisy and *The Other Side of the Struggle* visit www.daniellefoisy.com.



Haliburton author Danielle Foisy has a new book on the challenges of having a spouse with depression. It's written from a Christian perspective. /Photo submitted by the author



CountyLife

The following inserts are being distributed with County Life this week:

Canadian Tire*	Rexall Haliburton *
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For information on how your flyer can be inserted each week in County Life please contact Melissa Armstrong at **613-332-2002** or **melissa@haliburtonpress.com**

“
You end up getting advice from the people you are talking to, and sometimes it's not great advice.
”
— Danielle Foisy

Discover 3 Legal Mistakes to Avoid When Selling Your Haliburton Home or Cottage

Haliburton - When you're buying or selling a home, there are many small but important legal issues that you may be unaware of that are, nevertheless, critical to understand. Residential real estate is not an uncomplicated process. When such a major investment is transferred from one party to another, there are subtle details to take care of that can turn into major problems if not handled correctly.

It is essential to understand the legal ins and outs that will properly protect you when you buy or sell a home. There are several issues that will certainly cost you if you are not properly informed. In a recent situation right here in the area, misinformation cost

one local homeseller over three thousand dollars in the sale of their home. Don't let this happen to you.

In answer to this issue, Industry Insiders have prepared a FREE special report entitled, "Legal Mistakes to Avoid When Buying or Selling a Home"

To hear a brief recorded message about how to order your FREE copy of this report call toll-free (800) 611-8516 and enter 1011. You can call any time, 24 hours a day, 7 days a week.

Get your free special report NOW to protect your investment when you buy or sell your home.

Book recounts near-death experience

NATE SMELLE
County Life Staff

The award-winning author and motivational speaker, Cyndi Desjardins-Wilkens will be signing and selling copies of her book, *Shine On*, at this year’s Wintergreen Christmas Market in Minden Hills on Saturday, Nov. 11. *Shine On* tells the compelling true story of Desjardins-Wilkens’s remarkable journey to wholeness as a quadruple amputee.

While working as a business manager and a new mom, Desjardins-Wilkens found herself making repeated trips to the hospital for her three-month-old son who kept getting sick. Returning home one night from the hospital, she began vomiting and noticed that she had a fever and a strange pain in her right leg. As her symptoms worsened over the next few days, she returned to the hospital to find out what was wrong. When she arrived at the hospital, her kidneys and liver had failed, and she had gone into septic shock. Diagnosed with necrotizing fasciitis (otherwise known as flesh eating disease), the doctors told her husband that they did not expect her to survive the night. Defying the odds and making it through the night, Desjardins-Wilkens spent the next five weeks in a medi-

cally-induced coma. She awakened to discover that, in an effort to save her life, her hands and feet had been amputated.

As she laid in the hospital bed, connected to several tubes and wires, forced to come to terms with the loss of her hands and feet, she said she still had great faith that God would carry her through the difficult times ahead. Motivated by faith and family, Desjardins-Wilkens said she is blessed to have the unwavering support of her husband, parents and two children.

“That faith reminded me that I was never alone, and that I could rely on a strength much greater than what I had. There were so many moments in which I was very afraid, kneeling for the first time, standing, swimming, driving and each moment brought the opportunity for prayer and faith. I had faith that I would walk again, hold my children in my arms, and be a ‘hands on’ mom again.”

Despite the loss of her hands and feet, Desjardins-Wilkens said she has never seen herself as having missing parts.

“As I walk through life in public it is the looks of others that remind me that I look different,” she said.

“The wholeness that I found through this journey is a wholeness that comes from inside, from knowing your purpose and that you are loved.”

Since her childhood, Desjardins-Wilkens had always dreamt of being

a writer. She began writing poetry as a young girl, and continued to follow her dream by writing stories in her spare time as an adult. Shortly after regaining consciousness, Desjardins-Wilkens said she looked back on her life and immediately felt a strong conviction to write her story. She decided to write *Shine On* to inspire hope in others and help people through tragic circumstances and life-altering events. Desjardins-Wilkens is in the process of writing a second book, so that she can tell the rest of her story. Having learned so many lessons from the inconceivable challenges she has faced, she is eager to share them with others.

“Life is not easy,” Desjardins-Wilkens said.

“Ancient texts tell us that we will face trial, but we do not have to face anything alone. We can look at the world and see so much pain and suffering and wonder where is God in all of this. I have learnt where he is. He was in all the people who came forward to represent him and to help walk me through an inconceivable life-altering event. But most importantly he was right there with me.”

Shine On was recently selected as the winner of the 2017 Word Alive Women’s Journey of Faith publishing contest. Haliburtonians will have an opportunity to speak with the author about her award-winning book on Saturday, Nov. 11, at the Wintergreen

Christmas Market at 3325 Gelert Road. She will be available to sign copies of her book between noon and 4 p.m.



The award-winning author and motivational speaker, Cyndi Desjardins-Wilkens will be signing and selling copies of her book, *Shine On* at this year’s Wintergreen Christmas Market in Minden Hills on Saturday, Nov. 11. /Photo submitted

Haliburton Concert Series releases 2018 lineup

On Oct. 28, at the final concert of its 2017 season, the Haliburton Concert Series announced the program for its 2018 season. It will be a special and celebratory year because it is the 40th anniversary of concerts presented by the organization.

Good news for audience members who no longer drive at night: it was announced that concerts will be moved to 2:30 p.m. on Sundays to make it easier to attend.

The first concert will take place on May 27, and will feature the MitBravour Trio. It is made of up pianist Mauro Bertoli, violist Jethro Marks, and cellist Paul Marleyn. Individually these three musicians have won numerous awards and performed at prestigious festivals and concert venues around the world. Mauro Bertoli has performed twice before in Haliburton. The audience loved him and his playing, and now he will return with two other wonderful musicians.

The second concert will take place on Sept. 30. Pentaèdre, a lively wind quintet consisting of flute, clarinet, oboe, bassoon, and French horn, will perform a diversified and appealing repertoire. They are widely praised for the technique, precision, and colour they bring to every performance.



On Oct. 28 the final concert of the season will feature *The Poet & The Singer*, with poet Jeff Pinkney, soprano Leslie Fagan, and pianist Lorin Shalanko. We are delighted to have been able to reschedule this concert, and that The Poet has made a full recovery from his surgery.

Subscriptions are now on sale. Only \$60 for three concerts for adults and \$25 for students. Please contact Fred Shuttleworth at 705-455-9060 or fred.ann.shuttleworth@gmail.com

Full details about the 2018 season are available at www.haliburtoncs.blogspot.ca.

-Submitted



Honouring our War Veterans

A feature of historical photos of local Haliburton County Veterans.

A special feature in this week's Haliburton County Echo and Minden Times.

Pick up your copy today.

Thoughts as I buy my poppy

I'M A BABY boomer, the product of a war time romance between a Polish fighter pilot and an English woman who was a member of the Woman's Auxiliary Air Force (WAAF).

Her job was to deliver armaments to planes on the airfield. That was how she met my biological father, Jerzy Mielnicki. I never got to know Jerzy because on Feb. 2, 1945, while flying reconnaissance over England, his Spitfire crashed, and he was killed. He was only 21. My mom, Jean Corbett, was only 20 when I was born on July 15.

I can't begin to imagine what those war years were like for people just barely out of their teens. I know that they were exciting years, but full of tension, because you never knew who was coming back from

bombing missions over Europe, or aerial dog fights over Great Britain.

My mom, who came from a middle-class family in Shropshire, lied about her age and signed up when she was only 17. For her bold decisions she was ostracized by her family, so it was just me and Mom for the next few years, which was extremely tough on the both of us. While she was working in the Midlands I was left in the care of my Polish grandparents, who had escaped the German invasion of Poland, and

were living in London.

My grandparents decided that I would go into a boarding school for displaced Polish boys; and so I went, kicking and screaming. I was only five or six at the time and I remember being the only English kid in the school. It was the saddest and loneliest time of my life and I remember crying myself to sleep every night. I tried to learn the language but I didn't receive much help. What kept me going was a promise from Mom that she would see me at the end of term, and take me home for Christmas.

Eventually Christmas came and all the parents came and picked up their kids. I remember watching as all the families left, one by one, until I was the only boy remaining. I was in tears, but finally Mom arrived. She was appalled at my condition. Apparently I had sores and bruises all over my legs. I never went back to the school.

Mom took me to Worcester, in the Midlands, where she was working, and we moved around a bit from place to place. Life was tough, but our saving grace came in the form of Stanley Charles Farrell, a race-track gambler, semi-pro snooker player, and painting contractor. Mom fell for his charm and good looks. Stanley had served as a radio operator on bombing missions

in the war and was later stationed in the Middle East, where he was part of a team that flew VIPs around.

Stanley and Mom were married in 1954, and shortly thereafter Mom's parents accepted her back into the fold. And I finally had a dad. We got along well and the bond grew over the years. He turned out to be a great dad, and in 1955 we immigrated to Canada.

Dad soon found us a place to stay, near High Park, in Toronto, and I was enrolled in school. Then I had the misfortune to step on a rusty nail and I almost lost my foot to infection. This was the days before OHIP and I was hospitalized for weeks. It took all my parents' savings. But Mom found work as a beautician and Dad set up business as a painting contractor.

He got his paint at a Toronto store owned by Bill Douglas, who happened to own property in Gelert. Bill invited Mom and Dad up to his cottage, and not long after that my parents purchased their own property, and built their own cottage. Mom and Dad moved permanently to the Highlands in the '70s and Michelle and I followed

in 1980. We raised both our boys here and we've never regretted it.

These are the things I think about when I buy my poppy, and I give thanks to my fathers, Jerzy and Stanley, and my mom Jean, and all the veterans; because it was their sacrifices that made this life possible for us baby boomers, our children, and our children's children. I'd also like to give thanks to the Minden Legion, and especially Veterans Affairs Canada, for their contributions in making every day as comfortable as possible for my parents, who now reside at the Hyland Crest long-term care facility in Minden.



GEORGE FARRELL

On Arts



Haliburton County Remembrance Day Schedule

Haliburton Legion:

Remembrance Day Service at 10 a.m. on Saturday, Nov. 11 in the Legion Main Hall. Wreath Ceremony* at 10:45 a.m. at the cenotaph on Highland Street. Remembrance Day lunch at noon in the Legion Club Room. Remembrance Day dinner in the Main Hall doors open at 5 p.m./dinner at 6 p.m. – tickets are \$20 per person.

*Anyone wishing to lay a wreath at the ceremony in remembrance of a loved one, can contact the branch at 705-457-2571.

Minden Legion:

Remembrance Day Service at the county cairn, downtown Minden in the Village Green next to the CIBC on Saturday, Nov. 11, starting at 10:45 a.m.

Following the service, a light lunch will be available at the Minden branch.

Those who would like to lay a wreath at the ceremony in remembrance of a loved one, can contact the branch at 705-286-4541.

Wilberforce Legion:

Douglas C. Hatch, Branch 624 of the Royal Canadian Legion, Wilberforce will be holding our Remembrance Day Service at the cenotaph adjacent to the Lloyd Watson Centre commencing at 10:45 a.m. on Saturday, Nov. 11.

Following the service and laying of the wreaths a lunch put on by the Ladies Auxiliary will follow at the branch – by donation.

Kinmount Legion:

Services at the cenotaph Saturday, Nov. 11, 11 a.m. in Kinmount and 2 p.m. in Gooderham.

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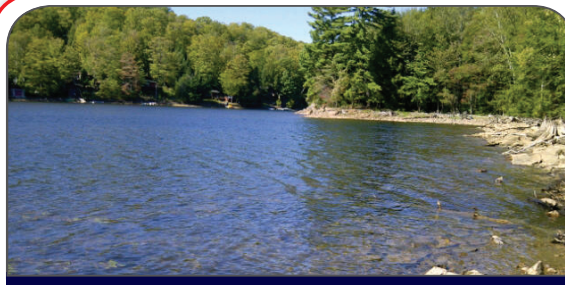
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 jenn@haliburtonpress.com. Letters must be signed
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Editorial

Normal is a setting on the dryer

LAURIE JONES

Special to *County Life*

I invited myself onto Phylis Baker's Canoe FM morning show last week to chat about Rails End Gallery's latest exhibition. Having talked with Phylis

at the Volunteer and Wellness Fair the week before, I knew she would be open to a conversation about the expressive arts and mental health. I was eager to spread the word about a gem of an exhibition, presented in conjunction with Haliburton Highlands Mental Health Services. I arrived early for our interview so we had a few moments before she hit the on-

air button to catch up. We kibitzed about post-menopausal memory lapses and those pesky microphone jacks.

Then, the music stopped and all of a sudden we were live on air!

"Hi everyone, I'm Phylis Baker and you are listening to 100.9 Canoe FM volunteer radio in the Haliburton Highlands. It is 9:45 a.m. and I am here with Laurie, from Rails End Gallery who's here to talk about their latest show called...."

I gingerly drew the microphone to my lips, and said "The exhibition is called "Doors: [pause] Out of Our Minds! [shouting "Out of Our Minds" for emphasis], to which I added "If you were not awake yet, you are now."

A lively start to an interview about the debut of a new group of artists in our community who are part of Art-Making for The Health of It, inspired by Visible Voices Art Studio and backed by Haliburton Highlands Mental Health Services. Their studio is in the basement of the plaza next to Dollo's Foodland. They meet weekly to work on independent and collaborative projects under the guidance of Fay Wilkinson, an expressive arts practitioner and the driving force behind Visible Voices Arts Studio.

I believe there is a place for art-making in everyone's life, especially the lives of our brothers and sisters who struggle to fit into society's standard definition of "normal," and experience debilitating feelings of isolation, anguish and anxiety as a result of being labelled weird, mental, nuts, eccentric, crazy or artistic types. I am accustomed to being told my ideas are out there, half baked: that I am undisciplined, scattered or unrealistic. I can deal with that most of the time. To anyone who tells me I am not normal I say, "normal is a setting on the dryer" and I shut the door. Still, I have closed many doors just to fit in. So, naturally, I identified and leapt at the opportunity to work with Fay and the Art-making for the Health of It on "Doors: Out of Our Minds!"

As it turns out, the collection of works that make up Doors: Our of Our Minds! demonstrate a rare level of vulnerability on the part of the participating artists. They not only trusted me to present their work at Rails End Gallery for two weeks, but trusted themselves enough to throw their doors open and welcome the community in. Their authentic and artful representations of fear, faith, misery, hope, happiness, passion, playfulness, devotion, demons, loss, hope and self reflection touched me deeply. Here was a group of individuals who managed to infuse Rails End Gallery's exhibition space with the aforementioned emotions and, whaddyaknow, out popped LOVE. Any one of the 75 plus community members at the opening reception can tell you it was beautiful. I felt humbled to be in the presence of a group of unschooled, unaffected artists who put themselves out there for all to see; as equals on life's journey. And to Fay Wilkinson, along with Visible Voices Arts Studio who opened that door to us all.

P.S. Friends who heard the interview with Phylis Baker were quick to let me know that my mike was off for the first part of the interview – so my emphatic announcement went un-heard. Doors: Out of Our Minds! will blow your mind. Get there before Nov. 19. Rails End Gallery is open Wednesday to Saturday, 11 a.m. to 5 p.m. and Sunday from 12 to 3 p.m.

Laurie Jones is the curator and executive director, Rails End Gallery and Arts Centre.



Artwork created through Visible Voices' partnership with HHHS Mental Health adorns the walls of Haliburton's Rails End Gallery until Nov. 19. The artwork is part of Doors: Out of Our Minds! an exhibit that explores creative expression. //JENN WATT Staff

Top 10 reasons to wear hunter orange when not hunting

THIS IS THE first week of the firearms season for deer. That means you'll probably notice a higher than normal amount of hunter orange everywhere you go. This has played a large part in reducing hunting accidents, but there are other equally valid reasons to wear it.

Here are my top 10:

1. You just want to be noticed around the office.
2. You're trying to figure out who is truly colour blind.
3. It makes it easier to hide among the road



STEVE GALEA
Humour Columnist

pylons.

4. If everyone at home wore hunter orange, you wouldn't have to turn on so many lights.

5. You always thought Trump's hair colour would look good on you.

6. Your good coat is in the laundry.

7. You just like scaring deer.

8. You're an autumn.

9. It's safer than your buckskin coat right now.

10. You never know when a deer hunt is going to break out.

Heat Bank fundraiser returns to Rhubarb

NATE SMELLE

County Life Staff

Rhubarb restaurant and Boshkung Brewing Company will be hosting its annual fundraiser for the Haliburton County Heat Bank on the evening of Sunday, Nov. 12. The event will take place from 6 p.m. until 9 p.m., and guests will be treated to food, wine, locally crafted beer and live music by Chris Smith.

Supporters of the Heat Bank will also have a chance to get a head-start on their Christmas shopping at the silent auction, which will be held both online and in person.

Now in its fourth year, the fundraiser continues to grow each year since its inception, said Heat Bank co-ordinator, Tina Jackson. It has become the organization's largest fundraising initiative of the year and a crucial part of their campaign to help community members in need.

"We rely completely on donations for the grants that we provide to struggling households," said Jackson.

"So, what we raise at the Rhubarb fundraiser determines whether we are able to respond with a grant for the senior that can't afford furnace oil because they are faced with high medical costs, or the family who is facing a hydro disconnection because they had to pay for unexpected car repairs."

The Heat Bank was created in the spring of 2014 in response to a county-wide need for emergency firewood

after a particularly harsh winter. It has since adapted to help fulfil the needs of the community by adding support for oil, propane and hydro emergencies.

Jackson explained that they are now providing support for some 230 residents each year through grants, economic problem-solving, benefits screening and intake and by providing a compassionate place to turn when crisis hits. She said more than half of the people they assist are either seniors or children.

By ensuring that clients are connected with all the services and programs they might be eligible for, Jackson said the Heat Bank helps people overcome the hurdles they are faced with.

"Many times, when people reach out for help, it's because they have found themselves in a desperate situation and are facing having their hydro disconnected or freezing temperatures in their homes," she said.

"Our goal is not just to provide a grant to help for the next few weeks, but to help the household create a plan for the long term. People in Haliburton County are continuing to have to make difficult choices when it comes to rising costs for hydro, food, heat, transportation, etc. While we can't solve poverty alone, we want to help lessen the burden for the people and ensure that they have the essential services to stay warm in their homes."

Jackson said that the number of people in Haliburton County having to choose whether to heat or eat continues to rise along with the number of people living in poverty throughout the prov-



Heat Bank Haliburton County co-founder and co-chairperson John Teljeur and Abbey Gardens director of operations Heather Reid share a laugh at the Heat Bank fundraiser at Rhubarb in this file photo. This year's event is Sunday, Nov. 12 at Rhubarb restaurant in Carnarvon. /DARREN LUM Staff

ince. With winter fast approaching, she encourages anyone in need of support to reach out to the Heat Bank, and find out more about the services they offer. Although asking for help can be a difficult first step for some people, she said there is no reason it needs to be.

"When clients feel ashamed or embarrassed about asking for assistance, we ask if they've ever helped a neighbour or a co-worker or a friend and let them know that the help that they provided to someone else in the

community is coming back to them in their time of need. What goes around, comes around."

Tickets are \$50 per person and can be reserved by calling Rhubarb and Boshkung Brewing Company at 705-489-4449. For more information about the services and supports provided by the Haliburton County Heat Bank or to get involved or make a donation visit their website at www.heatbankhc.ca, or call 705-306-0565.

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A woman in a black and red costume is dancing in a community hall. She is wearing a black long-sleeved top with a red corset-style bodice and a black skirt. Her arms are raised, and she is holding a small black object. In the background, other people are seated at tables, and a man in a white shirt is standing. The room has a wooden floor and a drop ceiling with fluorescent lights.

Red Wolves athlete Dawn Piercey throws her hand in the air after throwing her ball.

Bowlathon racks up cash for Red Wolves

The folks from Heads Up in Haliburton joined in the Red Wolves bowlathon. From left, Bryan, Amber, Brady, Russell and Robyn. /Submitted



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EXTENDICARE, HALIBURTON
167 PARK STREET

SATURDAY, NOVEMBER 18TH
10AM TO 3PM

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All proceeds go to enhancing the
lives of the residents

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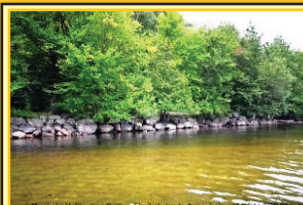
Boyne Lake Lot \$195,000

- 10+ Acres, 320 Ft of Frontage
- Easy Access, expansive views
- 10 Minutes from Haliburton



Mitchell Lake \$419,500

- Turn-key 4 season 3 bedroom cottage
- Mitchel Lk has excellent fishing & boating
- Plus access The Trent Severn Waterway



Haliburton Lake Lot \$119,000

- Level at shore, Gradual entry
- Elevated building site w/ lake view
- Year-round access, Well treed, Private



Minden Lot \$43,800

- Vacant building lot in the town of Minden
- Located on the corner of Prince & Booth St
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- New storage building and fire pit
- Deeded access to Lake across road



Janice
Brookes*
457-2128 x 22

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- Privacy this is it !! by Skyline Park.
- 400 frontage on well treed Lot!
- Close to all amenities!



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Minden Acreage \$279,000

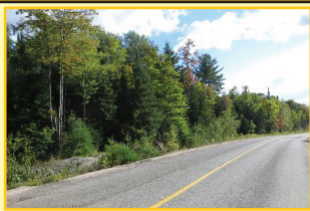
- 117 unspoiled acre on Bobcaygeon Rd
- 1,800 sq ft Quonset hut on solid cement pad
- Very private property, cleared for a new home



Gloria
Camochan*
754-1932

Sunsets - Kennisis Lk \$569,000

- 3 Bdrm, Yr Rd Cottage, Open Concept LR/DR/Kit
- Wood Flrs, Cathedral, Back Split To Bdrms, Sauna
- Several Decks, Private, Deep Water, Wide Lk View



Mark Dennys*
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Excellent Building Lot \$49,900

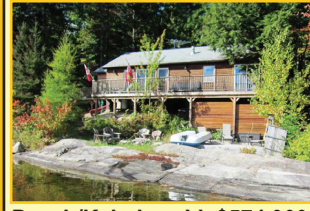
- Approx. 1,009 Ft Rd Frtg, 4.85 Acres
- Driveway Installed, Mixed Bush
- Minutes to Haliburton, Drag Lk Beach & Boat Launch



Tom
Ecclestone*
286-2138 x 26

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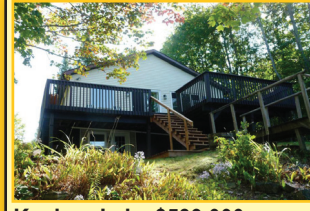
- Year round home/cottage, just perfect
- Beautiful South Exposure, good privacy
- <http://www.virtualproperties.ca/h2038/index2.php>



Lindsay
Elder**
457-5878

Peach/Kabakwa Lk \$574,900

- Total privacy, stunning views
- Over 2 acres & 200 ft of water frontage
- 3 bedrooms, 2 baths & hot tub!



Lee Gauthier**
489-9968

Kushog Lake \$539,000

- Fully winterized 2000 sq. ft. West exposure
- 3 bedrooms/1 bathroom, very private
- Full unfinished basement, 2-car garage



Scott Harrison*
286-2138 x 28

Kennisis Lake Rd \$139,900

- 52.9 Acres of mixed hardwood & Hemlock
- Yr-round access, mins to West Guildford
- Well is in, Building Site Cleared, Septic Approval



Andrew Hodgson**
286-2138 x 29

Picturesque Farm \$749,900

- Country home on 45 acres of beautiful pasture/forest
- 117 ft lot on the Gull River w/boating access to Gull Lk
- Separately situated farm & outbuildings



Susanne James*
& Andy Mosher**
457-2128 x 33

Miskwabi Lake Access \$319,900

- 4-season home or cottage
- Deeded lake access just up the road
- Double lot for exceptional privacy



Rosemarie Jung*
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Denise LeBlanc*
286-2138 x 23

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- Currently used as a triplex
- Commercially zoned for future



David Lee*
286-2138 x 27

Gooderham Lake \$269,000

- 2 bedroom log cabin on the lake
- Lovely screened porch to enjoy nature
- 100 feet waterfront, sand & rock



Erin Nicholls*
457-2128 x 34

West Lake Lots from \$239,900

- 3 beautiful waterfront lots to choose from
- Access via township road, terrific building sites
- Suitable for home or cottage location



Brandon Nimigon
457-2128 x 27

Lake Lorraine \$114,000

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- Great building lot awaiting your imagination
- Own waterfront at an affordable price



Karen Nimigon**
457-2128 x 29

Minden Lake \$339,000

- 3 Season cottage is full of charm & character
- 3 Bdrms, open concept, stunning lake views
- Sits near the lake, entry to deep water



Kirsten Rae*
286-2138 x 30

Kennisis River \$109,900

- Lovely building lot, short boat ride into Halls Lake
- Natural shoreline with picturesque river views!



Darlene Reil*
447-2055

Wilberforce Home \$179,000

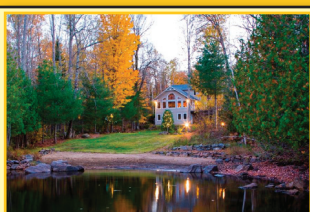
- 2+ bedroom home
- Full basement
- Extra lot included



Christine Sharp*
286-2138 x 59

Pine Lake Retreat \$829,000

- 5 bedrooms / 3 baths
- Over 2 acres facing NW
- Many upgrades and features



Greg Stamp*
457-2128 x 28

Soyers Lake Estate \$1,690,000

- Point lot, nice beach area w/600 ft fr & 1.47 acres
- Yr-round, 4 bdrms, 2.5 baths, att'd dbl car garage
- Open concept, lrg principle rooms, 2 stone FPs



Elizabeth
Thompson*
457-2128 x 52

Kushog Lake \$574,900

- 4 bdrms, 3 baths with in-law suite
- Garage /shop, screened-in room, bar area
- Swimming area across the Rd w/ sand beach



Melanie
Vigrass*
286-2138 x 32

Minden Home \$474,900

- Brick Bungalow, 3 Bedrooms/3 Baths
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Tom Wilkinson**
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- Many development opportunities



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A black Chevrolet Silverado pickup truck, shown from a front-three-quarter view. The truck is a crew cab model with a short bed. It features chrome accents on the grille, bumper, and side mirrors. The Chevrolet bowtie logo is prominently displayed on the front grille. The truck is parked on a light-colored surface.



A black Chevrolet Silverado pickup truck is shown from a front-three-quarter view. The truck features a chrome grille with the Chevrolet bowtie logo, chrome accents on the headlights, and a chrome bumper. The word "SILVERADO" is visible on the side of the cab. The truck is parked on a light-colored surface.



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<Chevrolet Black Friday> total value valid toward the retail purchase or lease of one eligible new 2017 or 2018 model year **<Chevrolet>** delivered in Canada between November 1 – 30, 2017. Total Value consists of \$500 manufacturer-to-dealer Black Friday Bonus (tax exclusive) delivery credit and manufacturer-to-consumer GM Card Application Bonus (offer applies to individuals who apply for a Scotiabank® GM® Visa® Card [GM card] or current GM Card cardholders (tax inclusive). GM Card Application Bonus credit value depends on model purchased: **\$500 GM Card Bonus on new 2017** Sonic, Cruze, Malibu (excl L), Camaro, Volt, Trax, 2018 Equinox; **\$750 GM Card Bonus on new 2017** Equinox, 2017 & 2018 Impala, Corvette, Colorado (excl 2SA), Traverse, City, Express; **\$1,000 GM Card Bonus on new 2017 & 2018** Tahoe, Suburban, Silverado LD & HD. As part of the transaction, dealer may request documentation and contact General Motors of Canada Company (GM Canada) to verify eligibility. \$500 Black Friday Bonus is applied against eligible 2017 & 2018MY vehicles purchased during the program period. 2017 & 2018MY vehicles not eligible for this offer are: exclusions outlined under GM Card Bonuses above, Spark, BOLT EV. This offer may not be redeemed for cash and may not be combined with certain other consumer incentives. Certain limitations or conditions apply. Void where prohibited. See your GM Canada dealer for details. GM Canada reserves the right to amend or terminate offers for any reason in whole or in part at any time without prior notice. Void where prohibited. See dealer for details. **(0/84-\$8,100 Total Value Finance Offer) Eligible 2017 Silverado 1500 Crew Cab:** Offer available to qualified retail customers in Canada for vehicles financed and from between November 1 to November 30, 2017. Financing provided, on approved credit, by TD Auto Finance Services, Scotiabank® or RBC Royal Bank. Participating lenders are subject to change. Rates from other lenders will vary. Representative finance example based on a new 2017 Silverado Crew Cab (Excludes eAssist). Suggested retail price is \$37,035 including \$1,700 freight and PDI, \$100 air conditioning charge (where applicable), \$0 down payment or equivalent trade-in required. \$37,035 financed at 0% nominal rate equals \$552.86 per month for 84 months. Cost of borrowing is \$0 for a total obligation of \$37,035 Taxes, PPSA, license, insurance, registration and applicable fees, levies and duties (all of which may vary by region and dealer) are extra. Dealers are free to set individual prices. Limited time financing offer which may not be combined with certain other offers. GM Canada may modify, extend or terminate offers in whole or in part at any time without notice Conditions and limitations apply. 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Financing provided, on approved credit, by TD Auto Finance Services, Scotiabank® or RBC Royal Bank. Participating lenders are subject to change. Rates from other lenders will vary. Representative finance example based on a new 2017 Colorado (excludes 2SA). Suggested retail price is \$25,135 including \$1,700 freight and PDI, \$100 air conditioning charge (where applicable), \$0 down payment or equivalent trade-in required. \$25,135 financed at 0% nominal rate equals \$546.00 per month for 60 months. Cost of borrowing is \$0 for a total obligation of \$25,135. Taxes, PPSA, license, insurance, registration and applicable fees, levies and duties (all of which may vary by region and dealer) are extra. Dealers are free to set individual prices. Limited time financing offer which may not be combined with certain other offers. GM Canada may modify, extend or terminate offers in whole or in part at any time without notice Conditions and limitations apply. 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The weight of passengers, cargo and options or accessories may reduce the amount you can tow. *Vehicle user interface is a product of Apple and its terms and privacy statements apply. Requires compatible iPhone and data plan rates apply. *Vehicle user interface is a product of Google and their terms and privacy statements apply. Requires compatible smartphone and data plan rates apply. *Visit onstar.ca for coverage maps, details and system limitations. Service plan required. Available 4G LTE with Wi-Fi hotspot requires WP2A compatible mobile device and data plan. Data plans provided by AT&T. Services vary by model, service plan, conditions as well as geographical and technical restrictions. OnStar with 4G LTE connectivity is available on select vehicle models and in select markets. Vehicle must be started or in accessory mode to access Wi-Fi. *U.S. Government 5-Star Safety Ratings are part of the National Highway Traffic Safety Administration's (NHTSA's) New Car Assessment Program (www.SaferCar.gov). *Based on WardsAuto.com 2016 Large Pickup segment and latest competitive information available at time of printing. Excludes other GM vehicles. *2017 Silverado 1500 2WD equipped with available 5.3L V8 engine and 6-speed automatic transmission. Fuel consumption based on GM testing in accordance with Government of Canada approved test methods. Refer to vehicles.nrcan.gc.ca for details. 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Online tool helps plan for 18-month well-baby visit

A new online tool can help parents better prepare for a key medical appointment available to their child at 18 months of age.

Currently, Ontario offers an Extended 18-Month Well-Baby Visit for families with a year-and-a-half old child. This is an opportunity for parents to discuss their 18-month-old child's growth and development with their health-care provider during a longer, more in-depth medical visit. The Well-Baby Visit will also include vaccination, a review of important 18-month milestones, and referrals for extra support if needed.

The Haliburton, Kawartha, Pine Ridge District Health Unit is not only promoting the importance of this visit, but also the 18-Month Well-Baby Visit Planner (<http://myvisit.ca>).

The online tool takes only five to 10 minutes to complete, and can help parents come up with topics and questions they want to raise with their health-care provider during the Well-Baby Visit.

Topics covered by the online planner include: physical health, safety, parenting and healthy habits, motor and language skills, and social/emotional

development.

"If your child is approaching 18 months, this online planner is a valuable tool to review," says Shelley Shaughnessy, a public health nurse with the HKPR District Health Unit. "Eighteen months is a key moment in a young child's development, so the Extended 18-Month Well-Baby Visit is an important time to check in with a medical expert to see that your child is doing well and is on the right track."

The sooner that potential delays and problems are identified, the better off it is for a child and the entire family. Early identification of potential problems means that a child can be referred to the right community service or program for the necessary care and support.

To find out more about the Enhanced 18-Month Well-Baby Visit or the online planner, call the health unit toll-free at 1-866-888-4577, ext. 5003, and speak to a public health nurse.

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Monday November 13, 2-4pm.

Thursday November 16, 2-4pm.

Monday November 20, 2-4pm.

Thursday November 23, 2-4pm.

** Please bring your Health Card and wear short sleeves if possible.



** Any patient who has had a flu shot at another facility, please advise your doctor's office. **

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Kinmount – \$190,000



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Bobcaygeon Road – \$229,900



» BRAND NEW ROOF
 » 40' x 28' and has an attached 22' x 15' garage.
 » There is also wheelchair access.

Irondale River – \$349,000



» Over 12 acres of land and 800' on the river
 » 3 bedrooms and 1 bathroom
 » Full unfinished basement

Brady Lake – \$369,000



» Large, private lot
 » 3 bedroom cottage and bunkie
 » Shallow entry, well appointed decks

Buller Road – \$414,000



» 10 acres of privacy with spectacular views
 » Custom built in 2012
 » 2 bedrooms / 2 bathrooms

Not intended to solicit properties already listed for sale.

Tin Lizzie takes young and old back in time



A close-up of the Boyce Moto-Meter on the 1917 Model T Ford. This ornamental gauge, which was fitted to the top of a radiator, was a thermometer that indicated the temperature of the radiator's vapor and helped to keep the driver aware of the engine's coolant temperature. /DARREN LUM Staff

DARREN LUM

County Life Staff

Highlands resident Bill Powell has a smile as big as the 1917 Model T Ford vehicle he drives. When he takes his two grandchildren around his front lawn, surrounded by a hardwood forest on his 106-acre property, it's like a trip back in time.

Known as the Tin Lizzie, the black vehicle has a charming appearance, but also an historical significance. The vehicle is known in the automobile industry for its place in the beginning of mass production, offering a price that allowed the average person to afford buying one.

The Model T Ford has a host of unique parts from wooden-spoked wheels, shod with narrow almost bicycle-like tires on cross-leaf springs to magneto-powered headlights. Its distinctive horn sounds off like a bird. There are no seatbelts, harkening back to a time when safety was an afterthought.

The rear-wheel drive vehicle with a crank-start four cylinder motor, produces 20 horsepower made for the Canadian market. Powell's connection to the car is staked in his childhood. As a child in the late-1940s and early-1950s, he was fascinated by the vehicle, which was also considered an antique.

"When a Model T went down the road I was the first one out to the road to get a look at this thing," he said.

He loves the vehicle because of the association with the Looney Tunes Tweety Bird cartoon, which showed Granny driving it. Powell uses a Tweety Bird steering-wheel wrap.

His grandchildren's faces light up like Christmas morning when they ride in it.

"That to me is what it's all about," he said, looking out to his grandchildren River, 6, and Issac, 8, visiting from the Yukon during the summer. "Little kids get a kick out of it."

The married man also has two grandchildren in Fort McMurray, Alta., and two just south of him in Bobcaygeon.

"Everybody just loves it," he said. "It's just fun."

It doesn't hurt that when he drives this mechanical piece of history he feels "like a million bucks. Especially for an old crippled guy like me. It's just fun. It's just plain fun. Get in it and go play."

Driving down the dirt road a few hundred metres from his home has him smiling.

Built in Walkerville, Ont., in 1917, this car includes a period correct licence plate. The Canadian-built version differed from its Detroit counterpart in that it had two doors instead of one and could be shipped to England as it was capable of switching to a right-hand drive. The

see page 13



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Tuesday November 14, 2017

haliburtontourdeforest.com

For more information contact:
Susan Hay at 705-457-9239



Model T brings out the kid in everyone

from page 12

shipping crates were used for the flooring of the vehicle once it reached its destination.

Another Canadian exclusive were the “bear traps,” positioned behind the two-seat cabin, which helped secure the roof when it was pulled down. Powell rebuilt the steering mechanism and even built the custom box (pick-ups weren’t added to the Ford lineup until 1925), using lumber from a black cherry tree cut down on his property.

For Powell, this car, which had a “turtle deck” or trunk, replaced by the box, represents more than any dollar amount. It’s a way for him to recapture his youth.

The vehicle has a rated top speed of 80 kilometres per hour. Powell advises against that since its cross-springs can make high-speed travel life-threatening.

“If you hit a bump you could literally hop to the other side of the road just like a frog,” he said.

He describes the ride as similar to a baby buggy.

Despite the inherent outdated aspects, it takes anyone riding the pickup on a magical journey back in time cruising on asphalt comfortably at 30 miles per hour.

“I don’t take it down the highway very often. I don’t want to get run over,” he said.

He stays mostly on the secondary roads where traffic’s average speeds are slower.

Known as a three-speed at the time it was released, the vehicle was actually a

two-speed (low and high) with reverse (reverse was marketed as a speed). The rear and upper lights were illuminated with oil. Engine oil is checked via a handy oil vial attached to the bottom of the vehicle. Without a speedometer, a driver would merely guess the speed.

In the winter, this vehicle was not very manoeuvrable. However it does have chains, which can be affixed to the tires for traction to the rear-drive wheels (with the only pair of brakes) and the steering wheels at the front. To keep in the warmth, side curtains were available. Powell cannot imagine using such a vehicle in a Highlands winter.

At 74, he has lived a full life. Much of that time, he said, he was a carpenter by trade. He started in the industry at nine when he started working for his grandfather in his cabinet making shop in what is now Oshawa (then East Whitby). Part of his working life included 15 years with General Motors, which is partly due to his affinity for GM vehicles.

His interest in Model T vehicles came about from his friend, Ronald MacDonald. MacDonald, who hates it when people joke about his name, had a collection of Model T’s. Powell bought the pickup from his good friend and retired police officer.

He can still remember learning to drive the Model T on a secondary road with his buddy in the passenger seat. It’s funny thinking about it now, but at the time there was a scary moment when Powell rolled past a stop sign instead of stopping. He inadvertently accelerated

instead of braked due to the complicated nature of operating a Model T, which requires a combination of pedals. He said the far left pedal controls the high, low and neutral engine modes, depending on the position of the pedal. If an operator wants high gear the parking brake needs to be forward and the clutch let all the way out. For low speed, push the pedal all the way down.

“They’re an odd thing to drive,” he said, laughing.

The male role models in his life started his passion for mechanical things. It started with his father, who was a mechanical engineer. And although he died when Powell was two, his step-father was a mechanic, who continued the tradition.

Quick to smile and to welcome a stranger for coffee on his porch, it’s no surprise he takes life as it comes. Unlike

some collectors, who take their prized possessions seriously, Powell completely embraces the notion of his collection of vehicles being toys.

“We grow old, but we don’t necessarily grow up,” he said, smiling.



An Ontario period-accurate license plate is affixed to Bill Powell's 1917 Model T Ford (with custom box).



Highlands resident Bill Powell, far right, stops his 1917 Model T Ford (with custom box) during a drive around his 106-acre property with his grandchildren River, 6 and eight-year-old Issac. Powell loves the way his grandchildren react to his car.

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Highlands Christmas Shindig

Saturday, November 25th, 7.30 pm at the Northern Lights Performing Arts Pavilion.

Tickets are just \$20.00, available at **Cranberry Cottage** in Haliburton and **Sassy Digs** in Minden.

Dame Beatrice & Elf
and all their friends are back for another wonderful start to your holiday season!



Our 2017 show stars:

Highlands Male Chorus	Adrien Petric Trio
Trina West	Highlands Little Theatre
Jeff Moulton	Brigitte Gall
Northbourne	Custom Blend

Sir Cedric Bridlington (Peter Jaycock)
And featuring Dame Beatrice (Mike Jaycock)
and Elf (Lorraine McNeil)

Music, Comedy, Stories and yummy intermission treats plus a chance to take home some fabulous raffle prizes.

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Visible Voices Open Arts Studio former co-ordinator Fay Wilkinson and incoming co-ordinator Melodie Acero (front row, third and fourth from left) are joined by just some of the volunteers who collaborate to offer the space to the community./SUE TIFFIN Staff

Studio creates space for creative expression

SUE TIFFIN

County Life Staff

Behind a windowless door in a nondescript building on Industrial Park Road is Visible Voices, an open arts studio bright with colour. On Oct. 15, the room was filled with similarly bright and colourful members of the community who stopped by to show their support as the space celebrated its third anniversary.

In one corner, a visual presentation of community projects – digital memories of individual and group artwork created when people came together at the studio – reminded supporters of the lives touched since 2014 when Visible Voices opened its doors. When they weren't chatting or indulging in desserts, visitors celebrating the anniversary picked up a few art supplies and engaged and explored at tables around the room, losing themselves in possibility.

It was a sight to behold for Fay Wilkinson, a registered expressive arts practitioner who has been the co-ordinator of the studio for the past three years.

"It's a place to come and create around things that matter," she says, in between kind greetings from guests. "It's a community space. It has to be run by the community. And it is."

Wilkinson acknowledges the team of volunteers behind the studio who have pulled it all together – from the guides who volunteer their time and services, to the people who donate materials, to the community members who have donated what they could to take part in programs and to John Beachli, who alleviates the not-for-profit group's stress by donating the space for the studio.

"Without John Beachli, we wouldn't even be standing here right now," says Wilkinson. "He doesn't want the accolades, he just does stuff. His heart is gold. We're very grateful to him."

Wilkinson also acknowledges the support of the community through Canoe FM, which donated more than \$6,000 to the studio in 2016.

"I thought, that's the oil bill for at least a couple of years," she says.

Classes, art time and 'creative interludes,' are often offered in exchange for pay-what-you-can, ensuring the studio is open and accessible to anyone who wants to learn, create or imagine in the space.

"If you've got a lot, leave us a lot," says

Wilkinson of the studio's pay system. "If you've got a little, leave us a little. We've never turned anyone away because they don't have money."

That core value, that the studio is a community space for everybody, will stay the same as Wilkinson passes the coordinator torch to Melodie Acero. Wilkinson says Acero and the team will "take it forward to what it wants to be, and what the community wants it to be."

Acero moved back home to Haliburton to be with family after her nephew unexpectedly died earlier this year. When looking for a place to hold afterschool art classes for high school students, it's hard to say if she found Visible Voices, or Visible Voices found her.

"I was looking for a space to do something with the kids to help everyone through the grief process," she said. "I came looking for a space to work with kids and then was offered a beautiful role in an amazing space. I'd heard of something going on, but you can't really envision it until you're here. Especially having experiences with art in other communities and then be able to come back here and see the space in the studio, you really realize what a gift it really is."

Acero, who has an art background from Emily Carr University of Art and Design and a master of education and psychology, is hoping people will continue to reach out to help fill slots open for programming and ensure everyone can make use of the studio to make it work.

"It's a combination of some people who are creative naturally and some who are looking for something new," she says. "Really it's about a place coming together to do just that – to talk, and explore."

Wilkinson said there are too many incredible moments over the years to pick just one that stood out, but points to a black frame filled with a multi-panelled quilt project, standing sturdily nearby, as one of the latest projects to make an impact.

"Our community conversations piece was in collaboration with Community Support Services, where each panel tells a story," she says, pointing out the quilt of colourful, visually descriptive patches. "Now we see it all put together, and it sort of stops your breath. It's about people creating things they didn't think they could do, about things that matter."

Visible Voices Open Arts Studio can be found at 130 Industrial Park Road, or on Facebook at Visible Voices Open Arts Studio.

[illegible]

UPCOMING Community Events



**Want to get your event
in Community Calendar?
It's free! Contact
Pat at classifieds@
haliburtonpress.com.**

Upcoming Events

Seed Saving Work Bee

When: Thursday, Nov. 9 from 3 to 6 p.m.
Led by Wild Edibles Enthusiast Carolyn Langdon

Where: Minden library branch
Bring all the seeds that you've collected for preparation, sorting and packaging for the Haliburton County Seed Library.

Hunters' (Turkey) Dinner

When: Friday, Nov. 10, Sitings at 5 p.m. and 6:30 p.m.

Where: St. Paul's Anglican Church, 19 Invergordon Ave, Minden
Tickets available at: Church Thrift Shop 705-286-2541, Pharmasave and Organic Times, Minden

Remembrance Day Ceremonies

When: Saturday, Nov. 11
Observe Remembrance Day at one of the local ceremonies. Full listing on page 4.

Heritage Turkey Supper

When: Nov. 11 from 4 to 6:30 p.m.
Where: Highland Grove community centre
Adults \$13, under 12 \$6, six and younger - free
A turkey dinner with all the trimmings and lots of pie.

Seed Saving 101

When: Saturday, Nov. 11 at 1 p.m.
We will learn some simple but important rules about saving seeds from vegetables and ornamentals. Led by gardener and seed saver, Barbara Kraus.

Heat Bank Night

Hosted by Rhubarb and Boshkung Brewing Co.
When: Sunday, Nov. 12, 6 to 9 p.m.

Tickets: \$50 per person, Savour delicious food/wine and locally crafted beer, online, live and silent auctions make great Christmas gifts.

Music by Chris Smith. 100% of all funds raised will support vulnerable residents in our county who experience heating emergencies this winter.

Please call Rhubarb for your tickets 705-489-4449. This is always a sold-out event.
Heatbankhcc.ca, rhubarbhaliburton.com

Enviro-Cafe

When: Tuesday, Nov. 14 at 7:30 p.m.
Where: St. George's Anglican Church, Haliburton

This month's topic: Capitalism, Economic Growth and the Environment. Is there an economic model that will provide good living standards for everyone without destroying the planet? Join us for a discussion of these and related question with Richard Swift, author of the 2014 book, SOS Alternatives to Capitalism.

For more information: Terry Moore, tmoore7031@gmail.com or 705-306-9254

Haliburton Highlands Genealogy Group

When: Wed., Nov. 15. Doors open 6 p.m. presentation at 7 p.m.

Where: Lions Hall, Bobcaygeon Road, Minden
What: Two short films on Railway Days in Haliburton County, produced by Friends of the Rail Trail

Cost: no charge, everyone welcome
For more info contact Gail 705-286-2225

Passport Clinics

When: Thursday, Nov. 16, 11 a.m. to 1 p.m.
Where: Haliburton Legion

Minden Health Care Auxiliary Fundraiser Hoedown for Health

When: Saturday, Nov. 18
Where: Minden Community Centre
Social: 5:30 p.m. - Dinner: 6:30 p.m., dinner and auction
Music by The Highlands Trio. Sponsored by The Minden Rotary Club, Tickets \$40. Call Mary at 705-286-6676.

Therapeutic Touch Workshop Level 3 (Learn or Refresh)

When: Saturday, Nov. 18, 9 a.m. to 5 p.m.
For more information please contact Susan Keith, RN/TTRT, 705-457-3981 or email ch.concepts@sympatico.ca.

Pet Photos with Santa at the Minden Animal Hospital

When: Nov. 18 from 10 a.m. to 12 p.m.
Bring your four-legged family members out to meet Santa! \$10 per photo session gets you one photo along with an emailed copy! All proceeds going to Heat Bank Haliburton County.

Outlaws, Lovers and Heroes

When: Saturday, Nov. 18 at 7:30 p.m.
Location: The Northern Lights Pavilion
Tickets: \$15 for adults and \$20 for an adult with a child under 16. Available from orchestra members, at Cranberry Cottage in Haliburton and at Minden Pharmasave.
Musical Director: Daniel Manley
The Highlands Chamber Orchestra presents Outlaws, Lovers and Heroes. A performance of pop culture classics from assorted movies and television shows. Featuring works by Djawadi, Elfman, Korngold, Morricone, Rozsa, Streisand, and Williams. Guest Vocalist is Beth Kipping.

National Housing Day Presents: How's Your Housing?

When: Nov. 22 from 9:30 to 12 p.m.
Where: Coboconk Community Centre, 9 Grandy Rd., Coboconk
Description: Come out to the City of Kawartha Lakes and Haliburton County's Housing Day Event, hosting speakers from local agencies and discussing innovative solutions to local housing issues. Presented by The City of Kawartha Lakes, Haliburton County Poverty Reduction Roundtable. For more information, contact jknot@knfht.ca 705.877.3535 ext.33

Haliburton: Sexual Health Clinic

When: Wednesday, Nov. 22, 10:30 am to 12:30 pm.

The clinic provides clients with confidential access to cervical screening, low-cost birth control, pregnancy testing and sexual health teaching. Testing and treatment of sexually transmitted infections are also provided. For more information, locations or to make an appointment, call the Health Unit at 1-866-888-4577, ext. 2205.

Need to Know: Mind/Body Connection

When: Wednesday, Nov. 22
Where: Wilberforce's Lloyd Watson Centre at 10 a.m.; Haliburton's museum at 2 p.m.
Presentations by Barb Fraser, a social worker who also teaches meditation for the Family Health Team; Gail Holness, a certified yoga instructor; and Jennifer Stubbart of Minds in Motion, a physical activity program with mental stimulation for people with dementia.
RSVP to Community Support Services at 705-457-2941. Session is free and there are snacks and goodies available.

Poinsetta Lunch and Sale

When: Nov. 24, 11:30 a.m. to 1:30 p.m.
Where: St. Paul's Anglican Church, 19 Invergordon Ave, Minden
Admission by Donation

Santa Claus Parade - Haliburton

When: Friday, Nov. 24, 6:30 p.m.
Downtown Haliburton

Santa Claus Parade - Minden

When: Saturday, Nov. 25, 11:30 a.m.
Downtown Minden

Santa's Elves Storytime

When: Saturday, Nov. 25
Where: Dysart library branch at 10:30 a.m. and Minden library branch at 1 p.m.

West Guilford Craft Sale

When: Nov. 25 10 a.m. to 3 p.m.
Where: West Guilford Community Centre
People interested in having a table can call the Community Centre at 705-754-1605 and leave a message Or email Nancy Houghton @ nancyh1969@gmail.com.
\$7 per table/two table limit

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UPCOMING Community Events

Recurring Events

Lego Club (Kids and Parents)

Where: Haliburton County Public Library branches

Wilberforce: Every Saturday at 1 p.m.

Dysart: Join us during Mini-Makers on Tuesday, Nov. 7 and Nov. 21 at 3:30 p.m.

Minden Hills: Drop in anytime to contribute to the community LEGO table!

Haliburton Highlands Parkinson's Support Group

When: 2nd Wednesday of the month, April-Dec from 1:30-3 p.m.

Where: Meeting Room at Haliburton Health Services, 72717 Gelert Rd., Haliburton
Cost: no charge

An opportunity for Parkinson's patients and caregivers to meet in a social setting.

Contact: Gail (705) 286-2225

Point in Time Centre for Children, Youth and Parents and Haliburton Highlands Mental Health Services

would like to remind the community that we provide quick and supportive access to mental health and counselling services.

Parents and Caregivers – if you are concerned about the mental health of your child or youth give Point in Time a call at 705 457 5345.

Youth can also call us directly.

Adults – if you are in need of mental health supports please call Haliburton Highlands Mental Health Services at 705 286 4575.

VON Smart exercise class

for balance, strength and flexibility in Minden : Hyland Crest auditorium on Wednesdays 11-12, Haliburton: Echo Hills on Thursdays 1-2.

For more information contact Cathy at 705-457-2996 or Judy at 705-306-9064.

Line Dancing

When: Wednesdays from 9:30 - 11:30 a.m.

Where: AJ LaRue Arena, Haliburton, Second Floor

Have fun and exercise line dancing with us every Wednesday morning.

Beginners always welcomed!

Cost: \$3.00 per class

Contact: Chalene Smith, 705-457-3985

Kinmount Library

The Friends of the Library group have a monthly book sale at the Kinmount Library the 3rd Saturday of every month.

Morning Glories

When: Tuesday and Friday 8:30 a.m.

Where: Upstairs in the Haliburton Arena

Contact: Jane Jaycock 705-754-9996 or jjaycock@hotmail.com

Exercises for cardio, strength training, balance and flexibility

Youth Program

Minden has a Youth Program. Students in grades 8 and up are invited to supper and program every Thursday night from 5:45 to 8 p.m. EVERYONE WELCOME!

Explore faith, learn new skills, enjoy hanging out with other youth. Program run by Monarch Bible Camp and Youth Unlimited.

Where: Minden Bible Church-Bobcaygeon Road

Information: teresa@youthunlimitedkaw.com or 705-887-3625

Cancer Support Group

Open to anyone who has been diagnosed with or survived cancer. We meet the 3rd Tuesday of every month in the Ruth Parkes Room at the Haliburton Hospital from 1 pm to 3 pm.

Please contact community support services 705-457-2941 for more information

Al-anon Minden

When: Monday evenings at 8 p.m.

Where: Hyland Crest (north entrance, follow signs inside building), 6 MacPherson, Minden

Details: For relatives and friends of problem drinkers.

For more information call 1-888-425-2666

Legion Events

Branch 624, Wilberforce

Friday Wing night 6:30 - 9 p.m.

Jam session 7:30 p.m.

Saturday Remembrance Day at the Cenotaph 10:45 a.m. Lunch to follow at the branch.

Meat draw 2 p.m. - Early bird 3 p.m.

Sunday L.A. breakfast 9 a.m. - noon

Monday Bid Euchre 7:00pm Beginners welcome

Tuesday General Meeting 7 p.m.

Wednesday Fun Darts 7:30pm

Branch 129, Haliburton

Dave Allen, PRO 705-457-2571

Mondays: Bridge every Monday at 1pm

Tuesdays: Tuesday Night Dart League starting at 7pm

Wednesdays: Bid Euchre 1 pm start

Bingo Doors open at 6 pm, Bingo starts at 7 pm - \$500 Jackpot, \$1000 Jackpot - last Wednesday of the month.

Thursdays: General Meeting 3rd Thursday of the month starting at 7 pm. All members urged to attend. Ladies Auxiliary last Thursday of the month at 1pm.

Fridays: Cribbage 1pm start, Meat Draw Five Draws, Five Prizes each draw, First draw at 4:30 pm, Last draw-6:30 pm, Tickets are \$2 per draw. Chester Howse, MC Friday fun darts - 4:30pm onwards

Saturdays: 50/50 Draw 4 pm draw, Tickets are \$1 each from noon onwards

Sundays: Breakfast Second and fourth Sunday of the month – 9:30 am – 1 pm. \$6 per person. Occasional volunteers are needed.

Remembrance Day Saturday Nov.11

Please refer to the website (haliburtonlegion.com) re: activity schedule.

Ladies Auxiliary Snowflake Bazaar Saturday, Nov. 18, 9 a.m. to 2 p.m.

For more details, call Mary at (705) 754-3319 Live entertainment featuring The Kingfishers Saturday, Nov. 18, 4 to 7 p.m. in the Club Room. Enjoy a delicious meal for only \$6 prepared by the Ladies Auxiliary. \$5 cover charge for non members.

Whether you're planning a function for 10 or 200, for more information call the Legion today at (705) 457- 2571, email rcl129@bellnet.ca or visit haliburtonlegion.com Come on out and support Haliburton Legion Branch 129, everyone is welcome!

Branch 636, Minden 705-286-4541

Ladies Darts, Wednesday, 1-4 p.m.

Bid Euchre, Tuesday, 1 p.m.

Euchre, Thursday, 7 p.m.

Fish/Wings & Chips, Friday, 12-2 p.m. and 5-7 p.m.

Mixed darts, Friday 7:30 p.m.

Big euchre, first Sunday of the month (except holidays), noon, \$12

Sports Fan Day, Sunday, 12-4 p.m.

Lunch menu, Monday – Friday, 12-2 p.m.

Liver lover's special, Tuesday 12-2 p.m. (full menu also)

Meat Draw, Wednesday lunch time.

Upcoming Events: Please listen to local radio regarding our special Saturday events.

Branch 441 Kinmount

PRO Raquel Linton 705-488-3191

Mondays: Seniors cards, pot luck lunch 1230 followed by Bid Euchre Family Fun Bingo 630pm Children & Adult fun and All welcome!

Wednesday: Drop In Darts

Fridays: Bingo 6:45 all welcome \$300

Must Go Jackpot

Saturdays: 5pm Meat Draw



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Inside the Echo



Squash club hosts tourney

See page 6

Trappers, land owners oppose policy

Land owners' rights seen as eroded by establishment of four fur areas

Local land owners and trappers have made it clear that they don't like a new fur management policy imposed by the Ministry of Natural Resources.

At a public meeting in Haliburton last Thursday night, close to 100 people heard Minden MNR employees Dave Atkinson and Eric Mitchell explain the reasons behind the policy, which will divide the county into four fur management units and limit the number of resident trappers who can operate in each area.

Mitchell said the policy is being imposed across the province in a bid to reduce problems of over harvesting and intense competition for trapping rights in some areas.

"The intent of the program is to limit the number of trappers within a fur management area," Mitchell said, in outlining the policy. The number of trappers permitted in each unit has been determined by the ministry, using average figures from past years.

In Haliburton County, however, the number of trappers has been falling for the last two

years. It peaked at 345 in 1980-81 when fur prices were high, Mitchell said, and at present, there are 290 registered trappers.

Dysart reeve Murray Fearrey commented that the concept of increasing competition and pressure addressed by the new policy "Does not add up" with the fact that there are fewer trappers in the county now than there were two years ago.

Mitchell admitted that the problems which sparked the policy have occurred for the most part in southern Ontario, but said it will be adopted province wide because the ministry believes more people will turn to trapping as a form of recreation and an income supplement in the near future.

At the moment, he said, anyone who owns land in the area and has taken a Ministry trapping course can get a trapper's license, but the new policy would limit the total number of active trappers in the county.

"Part of the idea is to get good trappers trapping," Mitchell said.

Under questioning from

Fearrey, Mitchell admitted that some pressure for the new policy has come from animal rights groups opposed to the use of leg hold traps.

"They're getting stronger every year, and they're putting a lot of pressure on the trapping program," Mitchell said.

The most controversial aspect of the new policy centres on the rights of landowners. Because trappers may only operate within one fur management unit, land

owners would not have the option of allowing a trapper from another area to work on their land, even if they felt that person was the best trapper available.

Many of those who attended the meeting claimed this was a clear infringement on a land owner's control over his own property, an accusation that was not denied by the MNR representatives.

"It is going to restrict certain individuals trapping in certain private land," Mitchell said. "It's most money they can from trapping rights, since it will take away the possibility of trappers from other units paying for access to the land."

going to interfere with the preferences of land owners as to who they want to trap on their property if the trapper also holds land in another unit." But he noted that each property owner would have a pool of from 30 to 100 trappers within the unit to choose from.

One man who said he was representing Wilberforce Veneer, a major land holder, noted that the policy will stop landowners from getting the

quotas for fur bearers and limit the number of trappers.

The questioner also envisioned a situation in which a skilled trapper might want to make a living from trapping by acquiring rights on two large tracts in different management units.

Under the new policy, that would be impossible. By ensuring that rights to the tracts could not be combined, the new policy meant there would be at least two trappers on the land instead of one, the questioner pointed out.

Fish and Wildlife supervisor Dave Atkinson said "we haven't got the answer to every question. There are a lot of questions in our minds also."

"We aren't here to argue with you," he indicated that the concerns expressed at the meeting would be passed "up the pipe" to policy makers higher up in the MNR.

"It's a new thing, and we have to work on it," Atkinson said.

To the repeated claim that land owners were being shortchanged by the new policy, Eric Mitchell said "it's the trappers who will

MNR's balancing act fails to please...See page 4

THE HALIBURTON COUNTY ECHO

AND MINDEN RECORDER

Vol. 102 No. 7

Wednesday, November 2, 1983

'Voice of the Highlands'

14 Pages 35 cents



Soccer squad still winning

See page 6

Board may close down Dorset P.S.

Dorset Public School may be phased out in June, 1985, the Haliburton County Board of Education's special projects committee has indicated.

In a report to the board, the committee said it will notify the Municipality of Sherborne et al that the school could become "a candidate for closure" at the end of the 1984-85 school year.

While the board's notice does not guarantee the school will be closed, trustees will almost certainly decide to phase it out if there is no improvement in enrolment projections. Currently there are 19 'full time equivalent' students at the school (kindergarten students attend half time), and that number is expected to decline next year.

The Dorset school is the most costly in the county to operate, at \$4000 per student, while in larger schools, the per pupil cost is about \$2500, the board was told.

Declining enrolment resulted in a 1980 decision to drop Grades 5 through 8 at Dorset and bus students to Irwin Memorial Public School in Dwight.

If the Dorset school is closed, all students would be bused to Dwight, and the Haliburton board would pay fees to the Muskoka Board of Education.

Sherborne et al trustee David Villard commented that expansion of the provincial environment ministry's Paint Lake laboratory does not appear to have improved the enrolment picture for the Dorset school because many of the new employees at the centre are settling in the Huntsville and Bracebridge areas.

Director of Education Doug Hodgson emphasized that although the special projects committee believes the school should be considered for closure in 18 months, the board could change its mind.

He noted, however, that with only 19 students at the school this year "if you had two or three families move away you would have an untenable situation."

The board indicated it would be willing to attend public meetings in the community to hear arguments for keeping the school open beyond the June 1985 deadline.



Kindergarten students from Victoria Street Public School in Haliburton brought some of the excitement of Hallowe'en to Extensicare on Friday. The youngsters sang songs, visited with 'grandmas and grandpas' at the

home, and enjoyed cookies, milk and other treats to complete their party.

Service may assess alcohol problems

Haliburton County residents soon may have access to an alcohol and drug abuse assessment service through the efforts of a group of local citizens.

A Committee for Alcohol and Drug Education, with members from Haliburton, Minden and other areas of the county, has been working for the past year on ways to tackle addiction problems among local residents.

Public awareness programs aimed at parents and young people are one possibility the committee has considered as a means of preventing alcohol and drug abuse. And for those who may already have a problem, the committee may develop a confidential assessment service with help from the Addiction Research Foundation.

Pat Cavanagh, area Children's Aid Society official and spokesman for the local committee, says that while the group is not sponsored by the Addiction Research Foundation, "we have their full backing and support."

Services for alcohol and drug addiction are currently concentrated in Peterborough, Cavanagh noted, but the committee hopes that situation will change.

"We are presently doing a survey of doctors, lawyers, social services people and other individuals" to determine how often they encounter people with drug and alcohol problems, Cavanagh says.

The committee hopes to find out if there is a need for an assessment service in the community, and whether professionals would refer their patients and clients to the service if it was established.

The aim is "to get a better handle on just what is the local situation," Cavanagh says.

Information will be reviewed at a meeting November 9, and a decision made as to how to proceed.

If the survey shows that an assessment service is needed in the community, the Addiction Research Foundation would be called in to train volunteers. The service would be "a place where people could

refer people for a full assessment of a drug or alcohol problem, with specific recommendations about what should be done."

Cavanagh says that "there is a tendency, when you start talking about alcohol and drugs, particularly alcohol, for people to say 'what can you do about it anyway?'. We're saying there is something

you can do."

"We're saying intervention is possible, and at early stages," before addiction problems have become acute.

The assessment service would be both "confidential and professional," Cavanagh says.

At the moment the committee is

Please turn to Page 2

Any theories on the 'big bang'?

Hallowe'en went off with a bang in Haliburton village, but no one knows what that 'bang' was, or who made it happen.

Residents of the village were startled by the sound of an explosion that rattled windows in the village shortly after 11 p.m. There were reports of a sheet of orange flame in the area of Head Lake Park adjacent to the Information caboose, and firemen, police and other local citizens

converged on the scene.

Aside from several hundred pieces of orange paper like material and a black mark on the pavement of the main park path, nothing remained of the 'explosive device'.

Police say no one was in the area when they and firemen arrived to investigate.

There were no reports of damage from the blast.



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